



MARYLAND Department of Health

Public Health Preparedness and Situational Awareness Report: #2019:36

Reporting for the week ending 09/07/19 (MMWR Week #36)

September 13th, 2019

CURRENT HOMELAND SECURITY THREAT LEVELS

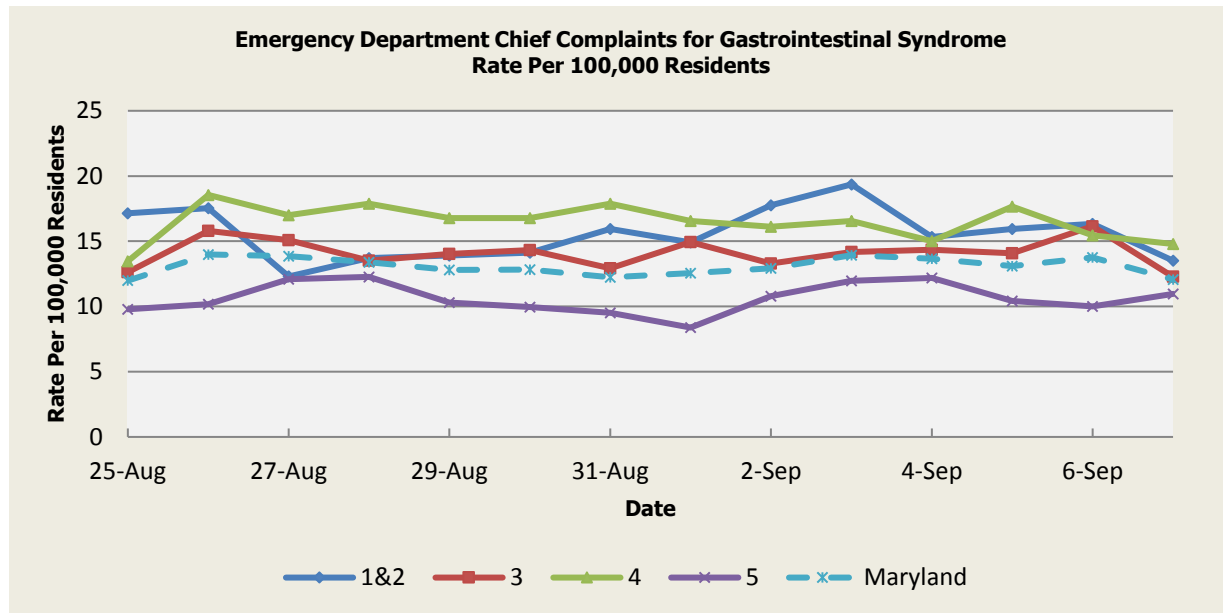
National:	No Active Alerts
Maryland:	Normal (MEMA status)

SYNDROMIC SURVEILLANCE REPORTS

ESSENCE (Electronic Surveillance System for the Early Notification of Community-based Epidemics): Graphical representation is provided for all syndromes (excluding the “Other” category; see Appendix 1) by Health and Medical Regions (See Appendix 2). Emergency department chief complaint data is presented as rates per 100,000 residents using data from the 2010 census. Electronic Surveillance System for the Early Notification of Community-Based Epidemics (ESSENCE). Baltimore, MD: Maryland Department of Health; 2019.

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Gastrointestinal Syndrome



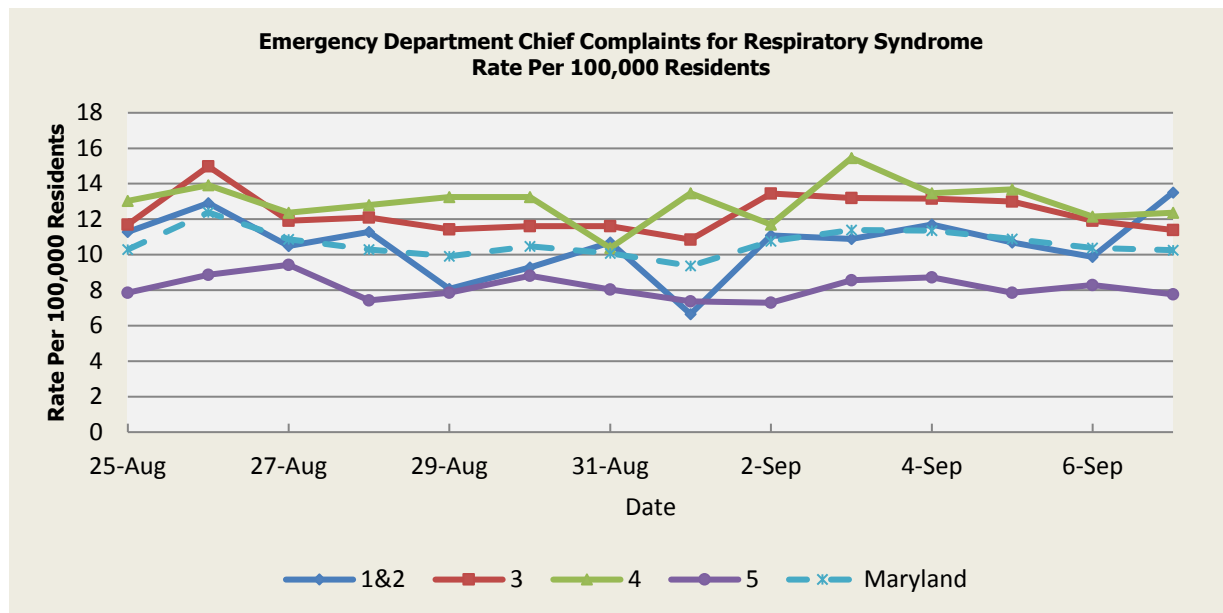
There were no Gastrointestinal Syndrome outbreak reported this week.

Gastrointestinal Syndrome Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	13.28	15.09	15.93	10.25	13.15
Median Rate*	13.11	14.87	15.46	10.17	13.02

* Per 100,000 Residents

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Respiratory Syndrome



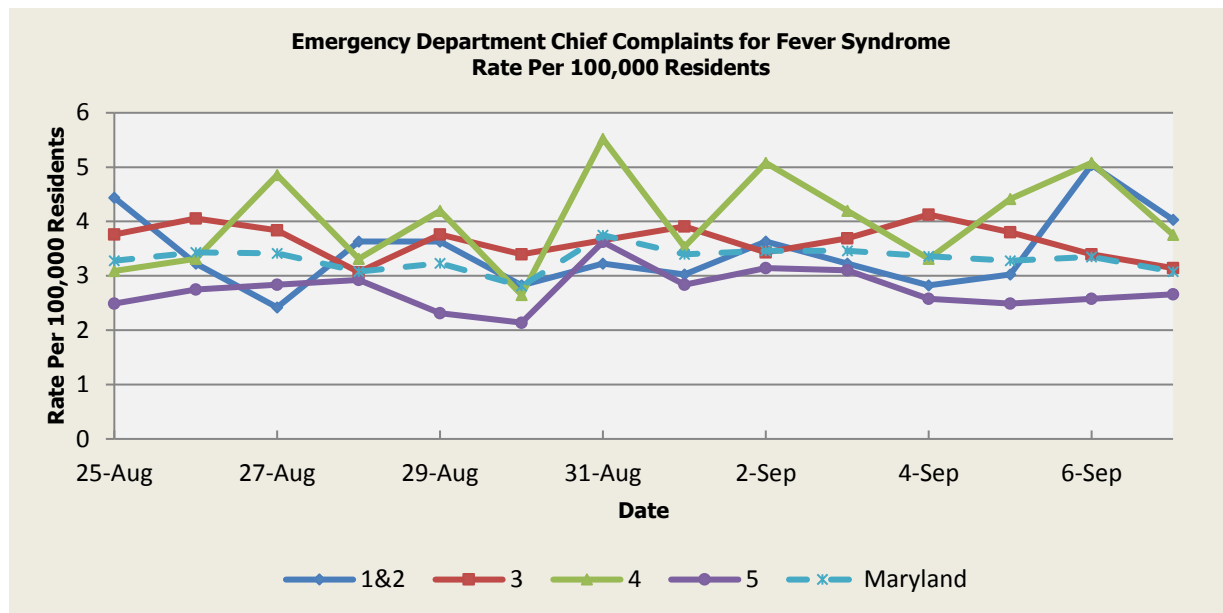
There were no Respiratory Syndrome outbreaks reported this week.

Respiratory Syndrome Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	12.60	14.69	15.04	9.94	12.72
Median Rate*	12.10	14.14	14.35	9.60	12.23

* Per 100,000 Residents

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Fever Syndrome



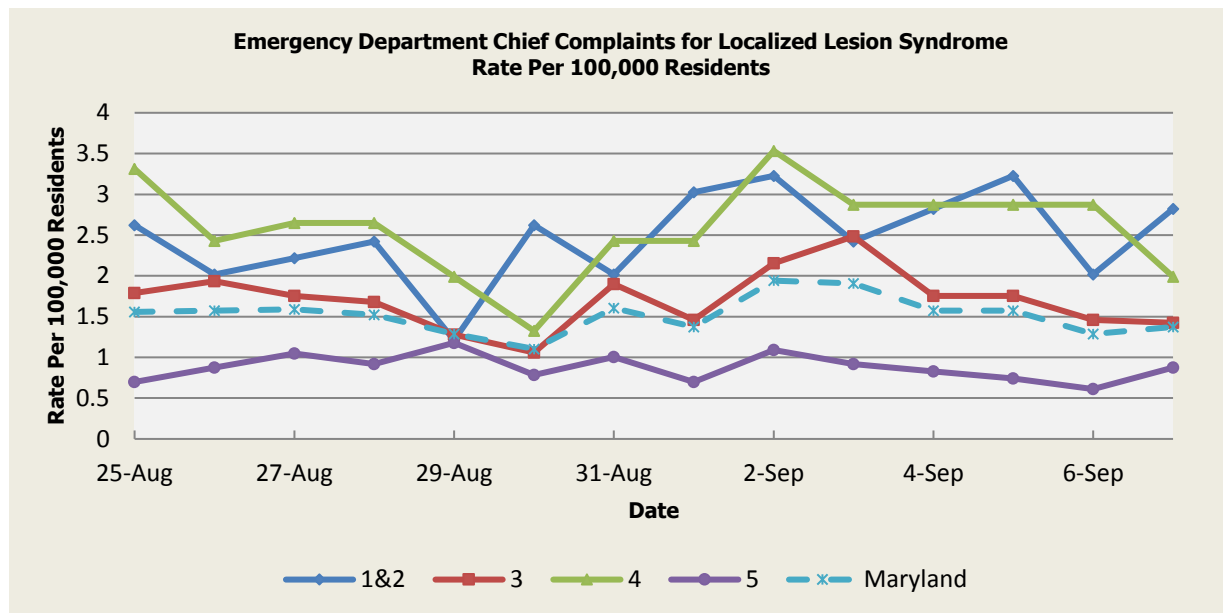
There were no Fever Syndrome outbreaks reported this week.

Fever Syndrome Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	3.08	3.90	4.12	3.04	3.52
Median Rate*	3.02	3.80	3.97	2.92	3.40

**Per 100,000 Residents*

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Localized Lesion Syndrome



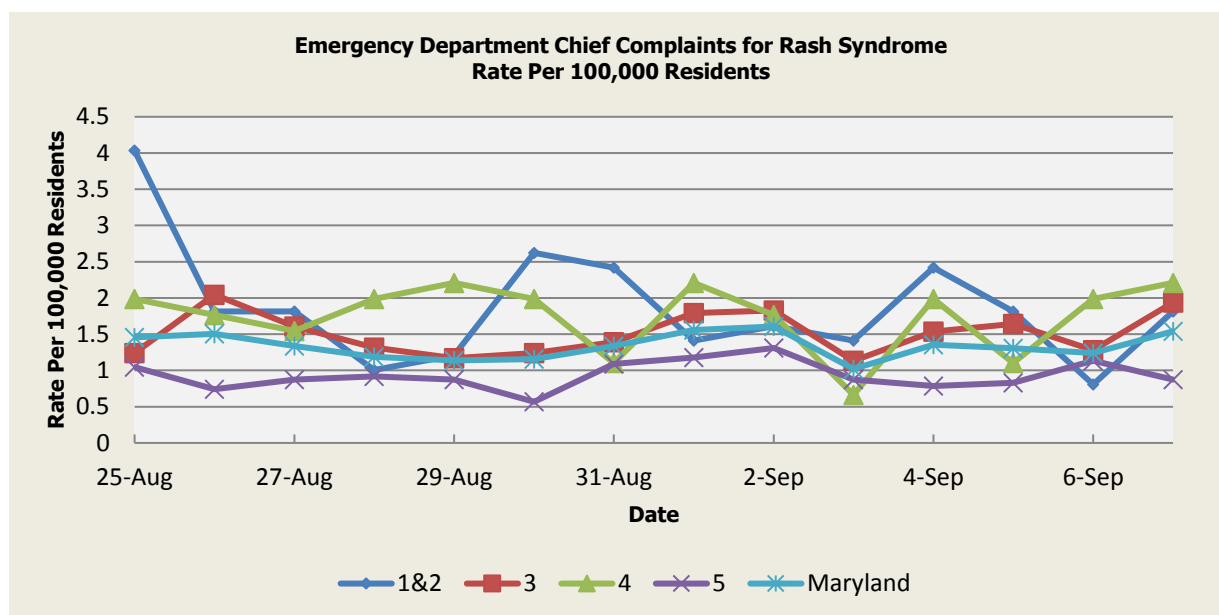
There were no Localized Lesion Syndrome outbreaks reported this week.

Localized Lesion Syndrome Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	1.15	1.79	2.05	0.91	1.42
Median Rate*	1.01	1.72	1.99	0.87	1.37

* Per 100,000 Residents

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Rash Syndrome



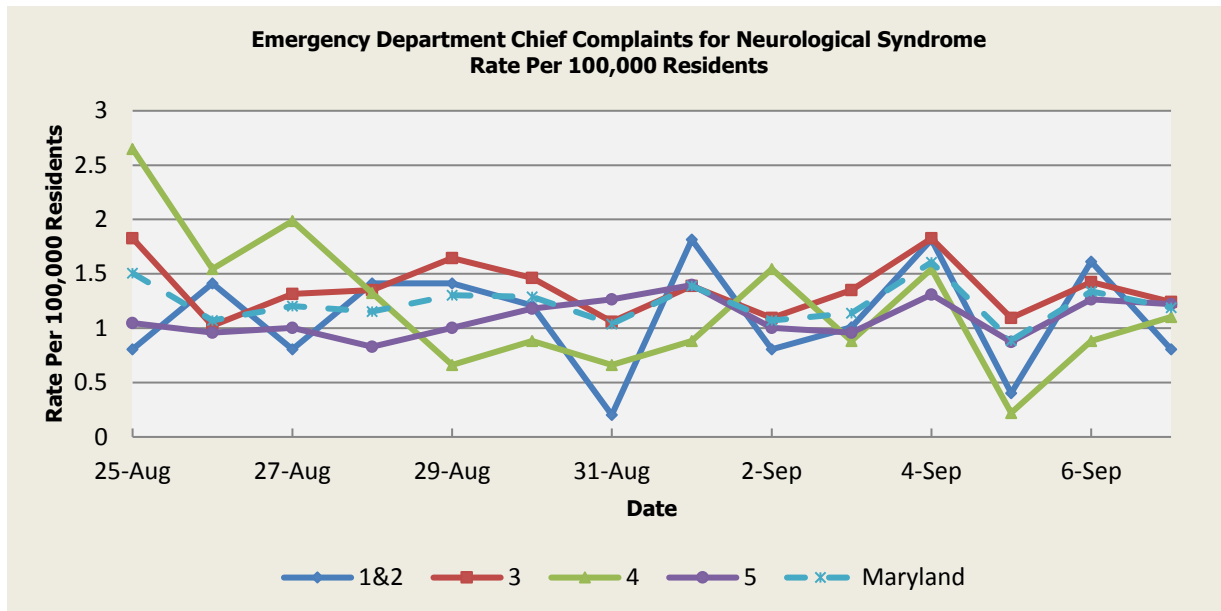
There was one Rash Syndrome outbreaks reported this week: one (1) outbreak of Hand, Foot, and Mouth Disease associated with a Daycare Center (Region 5).

Rash Syndrome Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	1.25	1.68	1.77	0.98	1.38
Median Rate*	1.21	1.61	1.77	0.92	1.32

* Per 100,000 Residents

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Neurological Syndrome



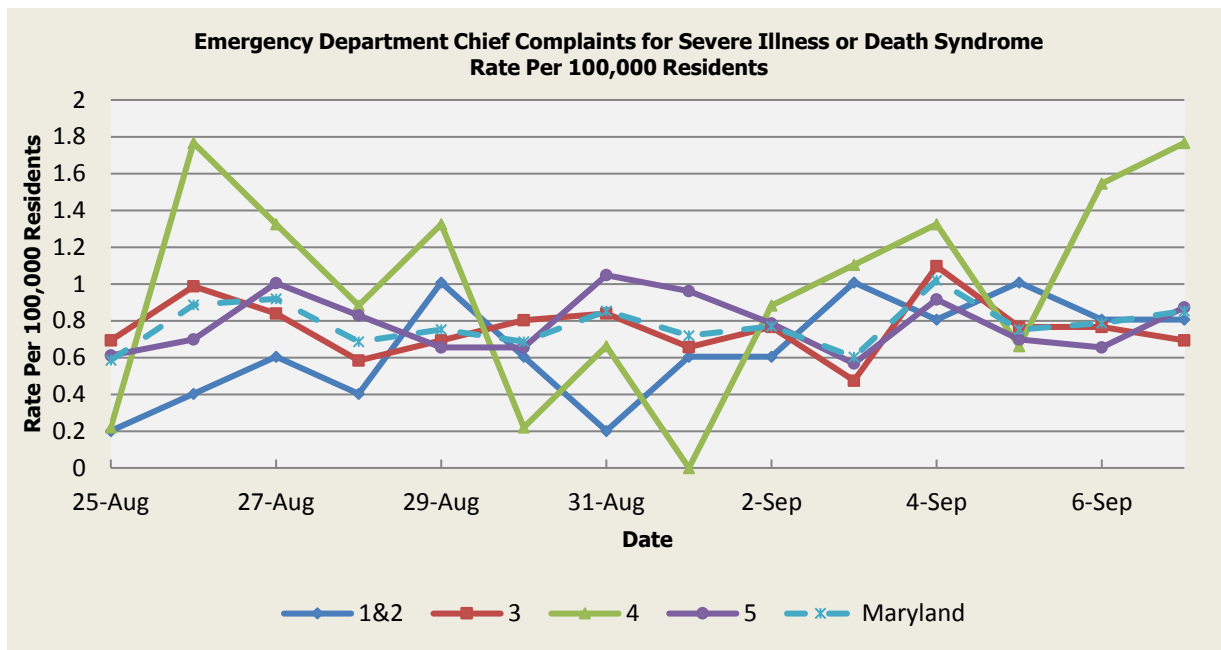
There were no Neurological Syndrome outbreaks reported this week.

Neurological Syndrome Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	0.78	0.95	0.86	0.60	0.80
Median Rate*	0.81	0.84	0.66	0.57	0.70

* Per 100,000 Residents

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Severe Illness or Death Syndrome



There were no Severe Illness or Death Syndrome outbreaks reported this week.

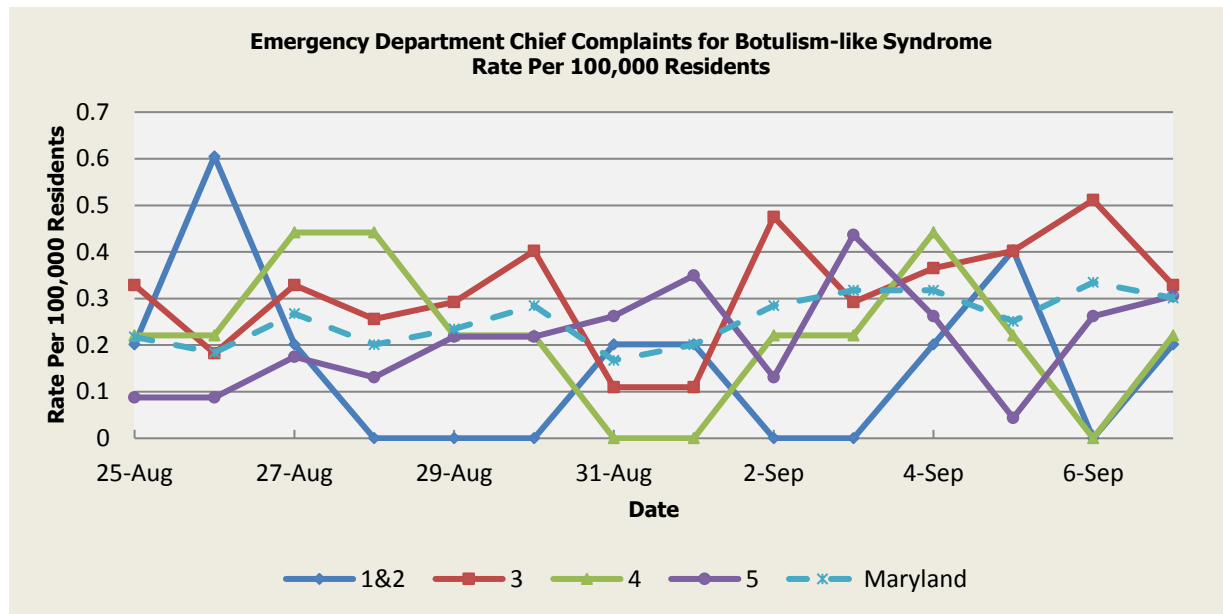
Severe Illness or Death Syndrome Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	0.66	0.90	0.84	0.52	0.73
Median Rate*	0.60	0.84	0.66	0.48	0.70

* Per 100,000 Residents

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SYNDROMES RELATED TO CATEGORY A AGENTS

Botulism-like Syndrome



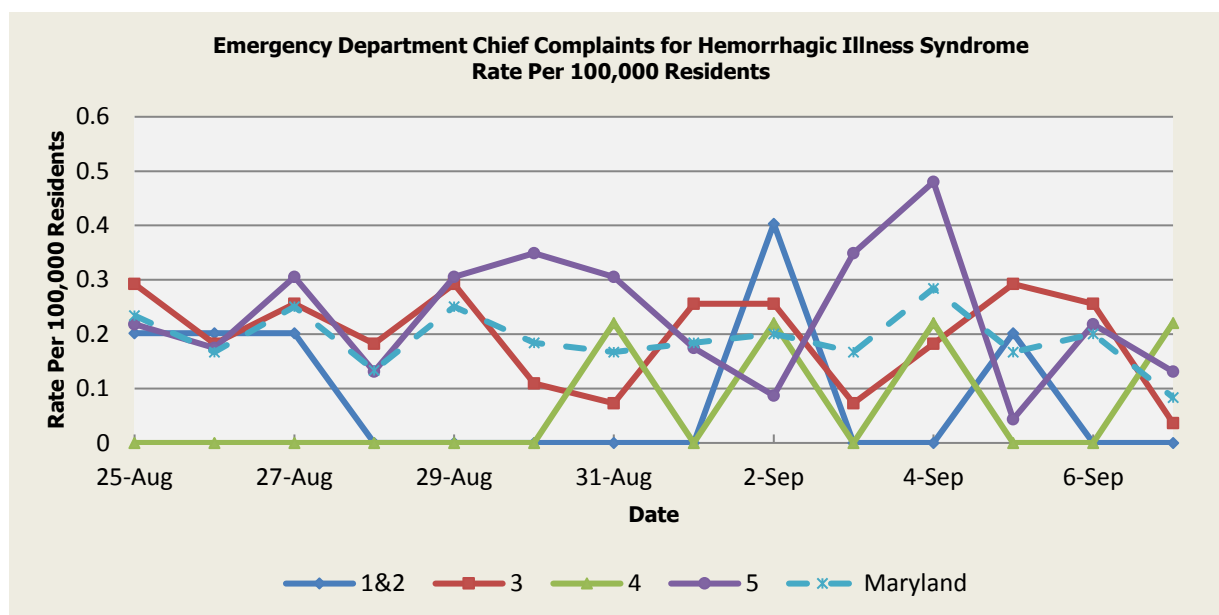
There was an appreciable increase above baseline in the rate of ED visits for Botulism-like Syndrome on, 8/25 (Regions 1&2,3,4), 8/26 (Regions 1&2,4), 8/27 (Regions 1&2,3,4,5), 8/28 (Regions 3,4), 8/29 (Regions 3,4,5), 8/30 (Regions 3,4,5), 8/31 (Regions 1&2,5), 9/1 (Regions 1&2,5), 9/2 (Regions 3,4), 9/3 (Regions 3,4,5), 9/4 (Regions 1&2,3,4,5), 9/5 (Regions 1&2,3,4), 9/6 (Regions 3,5), 9/7 (Regions 1&2,3,4,5). These increases are not known to be associated with any outbreaks.

Botulism-like Syndrome Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	0.07	0.12	0.06	0.08	0.10
Median Rate*	0.00	0.11	0.00	0.04	0.08

* Per 100,000 Residents

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Hemorrhagic Illness Syndrome



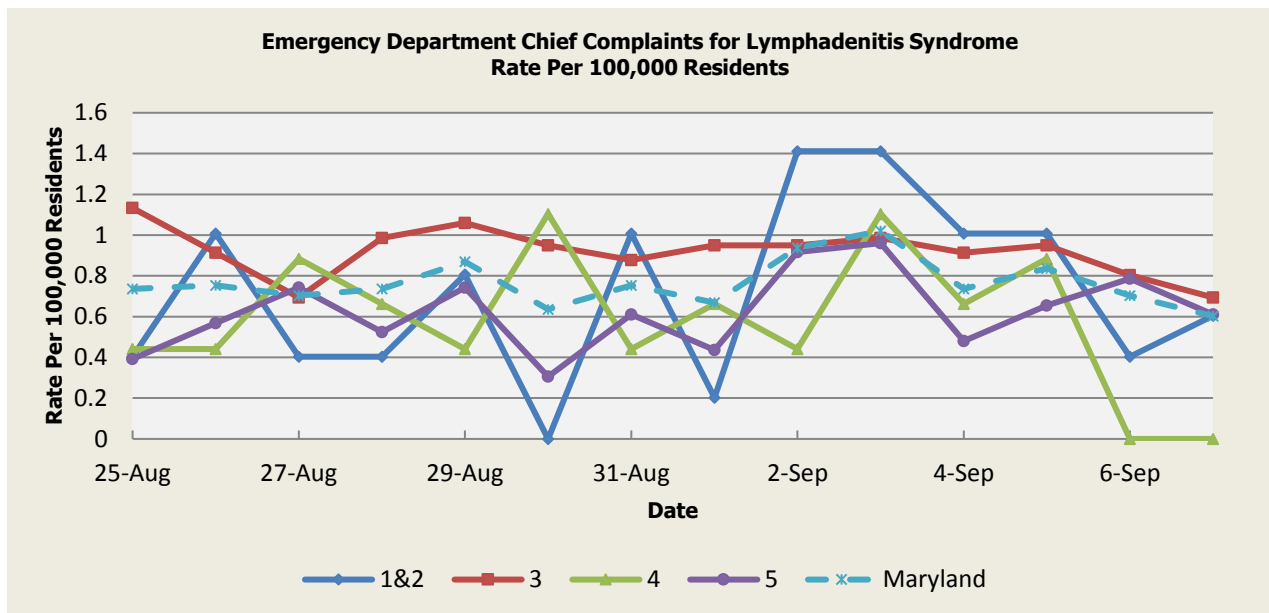
There was an appreciable increase above baseline in the rate of ED visits for Hemorrhagic Illness Syndrome on, 8/25 (Region 1&2), 8/26 (Region 1&2), 8/27 (Regions 1&2,5), 8/29 (Region 5), 8/30 (Region 5), 8/31 (Regions 4,5), 9/2 (Regions 1&2,4), 9/3 (Region 5), 9/4 (Regions 4,5), 9/5 (Region 1&2), 9/7 (Region 4). These increases are not known to be associated with any outbreaks.

Hemorrhagic Illness Syndrome Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	0.04	0.16	0.04	0.13	0.13
Median Rate*	0.00	0.11	0.00	0.09	0.08

* Per 100,000 Residents

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Lymphadenitis Syndrome



There was an appreciable increase above baseline in the rate of ED visits for Lymphadenitis Syndrome on, 8/26 (Region 1&2), 8/27 (Region 4), 8/29 (Region 1&2), 8/30 (Region 4), 8/31 (Region 1&2), 9/2 (Regions 1&2,5), 9/3 (Regions 1&2,4,5), 9/4 (Region 1&2), 9/5 (Regions 1&2,4), 9/6 (Region 5). These increases are not known to be associated with any outbreaks.

Lymphadenitis Syndrome Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	0.38	0.59	0.40	0.38	0.48
Median Rate*	0.40	0.51	0.44	0.35	0.42

* Per 100,000 Residents

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MARYLAND REPORTABLE DISEASE SURVEILLANCE

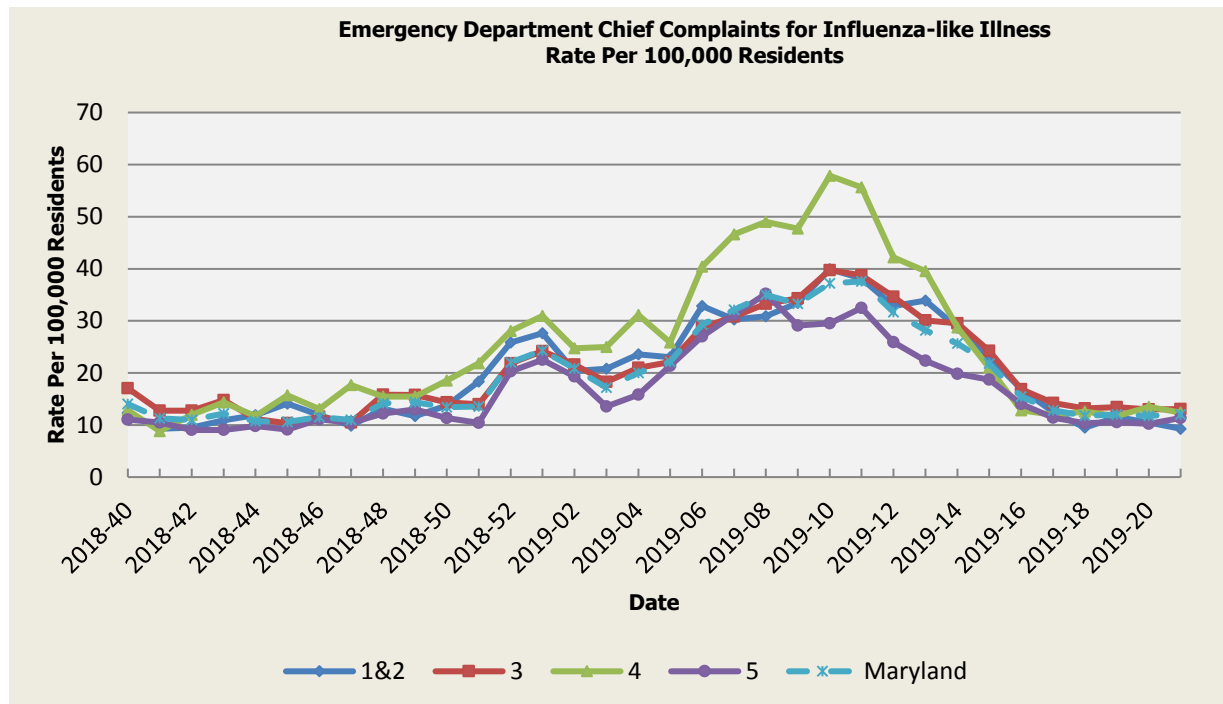
Reportable disease data from the National Electronic Disease Surveillance System (NEDSS) that feeds into ESSENCE is currently being validated. We will include these data in future reports once the validation process is complete.

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SYNDROMIC INFLUENZA SURVEILLANCE

Seasonal Influenza reporting occurs from MMWR Week 40 through MMWR Week 20 (October 2018 through May 2019).

Influenza-like Illness

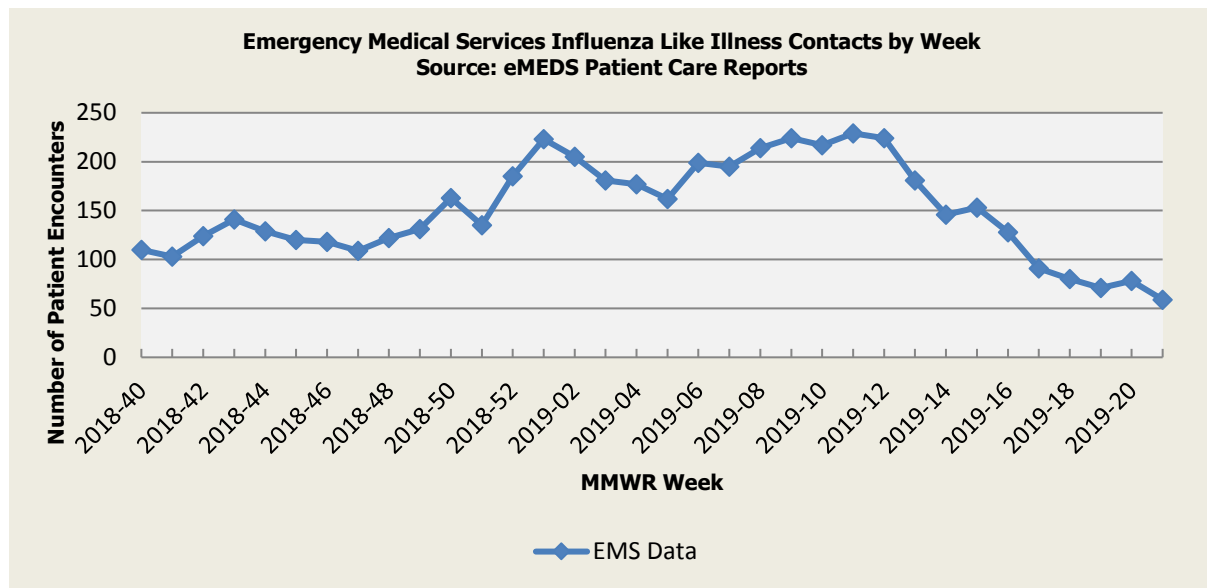


Influenza-like Illness Baseline Data Week 1 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	10.20	13.31	12.85	11.28	12.24
Median Rate*	7.66	10.30	9.27	8.77	9.44

* Per 100,000 Residents

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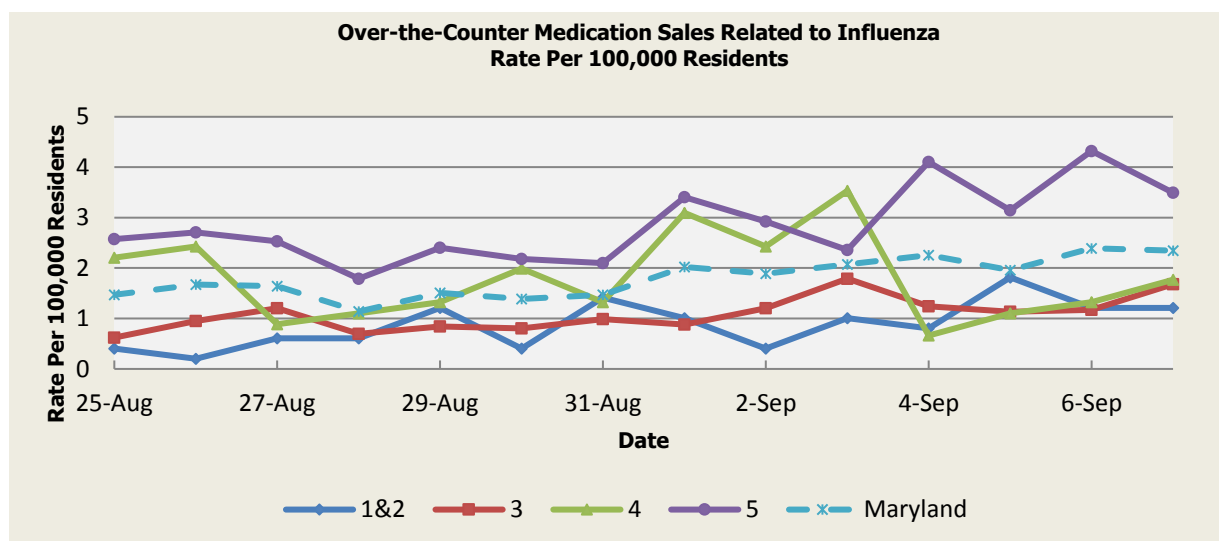
Influenza-like Illness Contacts by Week



Disclaimer on eMEDS flu related data: These data are based on EMS Pre-hospital care reports where the EMS provider has selected “flu like illness” as a primary or secondary impression of a patient’s illness. This impression is solely based on the signs and symptoms seen by the provider, not on any diagnostic tests. Since these numbers do not include all primary or secondary impressions that may be seen with influenza the actual numbers may be low. These data are reported for trending purposes only.

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Over-the-Counter Influenza-Related Medication Sales



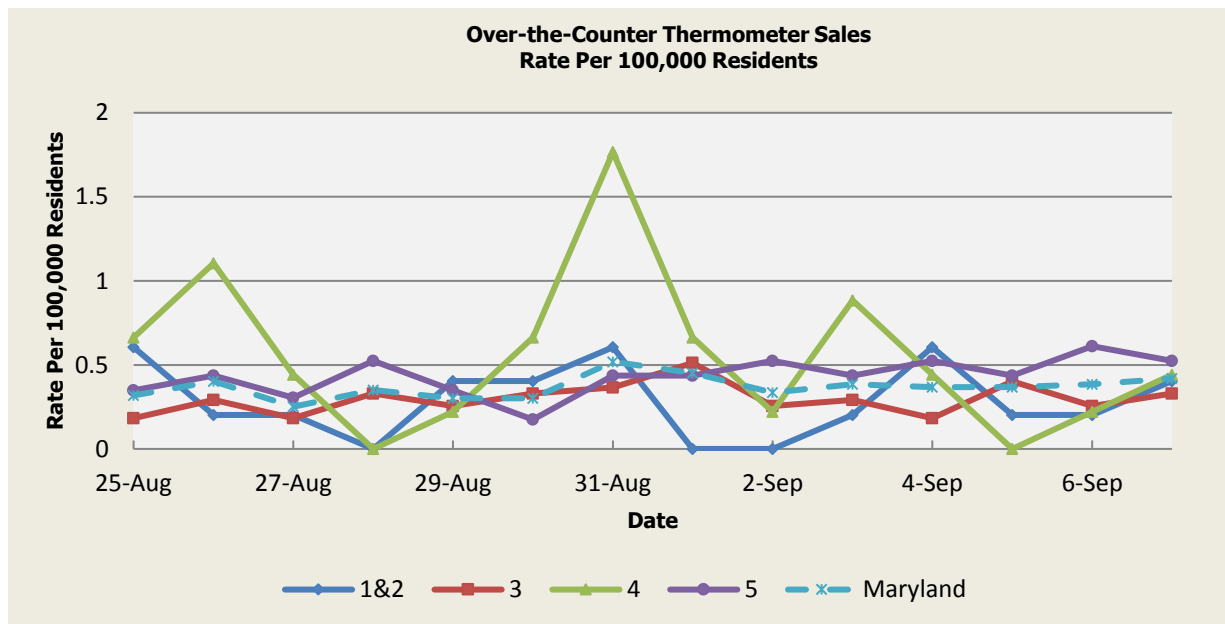
There was not an appreciable increase above baseline in the rate of OTC thermometer sales during this reporting period.

OTC Medication Sales Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	3.47	4.47	2.67	7.82	5.54
Median Rate*	2.82	3.65	2.21	7.12	4.80

* Per 100,000 Residents

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Over-the-Counter Thermometer Sales



There was not an appreciable increase above baseline in the rate of OTC thermometer sales during this reporting period.

Thermometer Sales Baseline Data January 1, 2010 - Present					
Health Region	1&2	3	4	5	Maryland
Mean Rate*	2.96	2.82	2.24	3.74	3.14
Median Rate*	2.62	2.70	2.21	3.67	3.06

* Per 100,000 Residents

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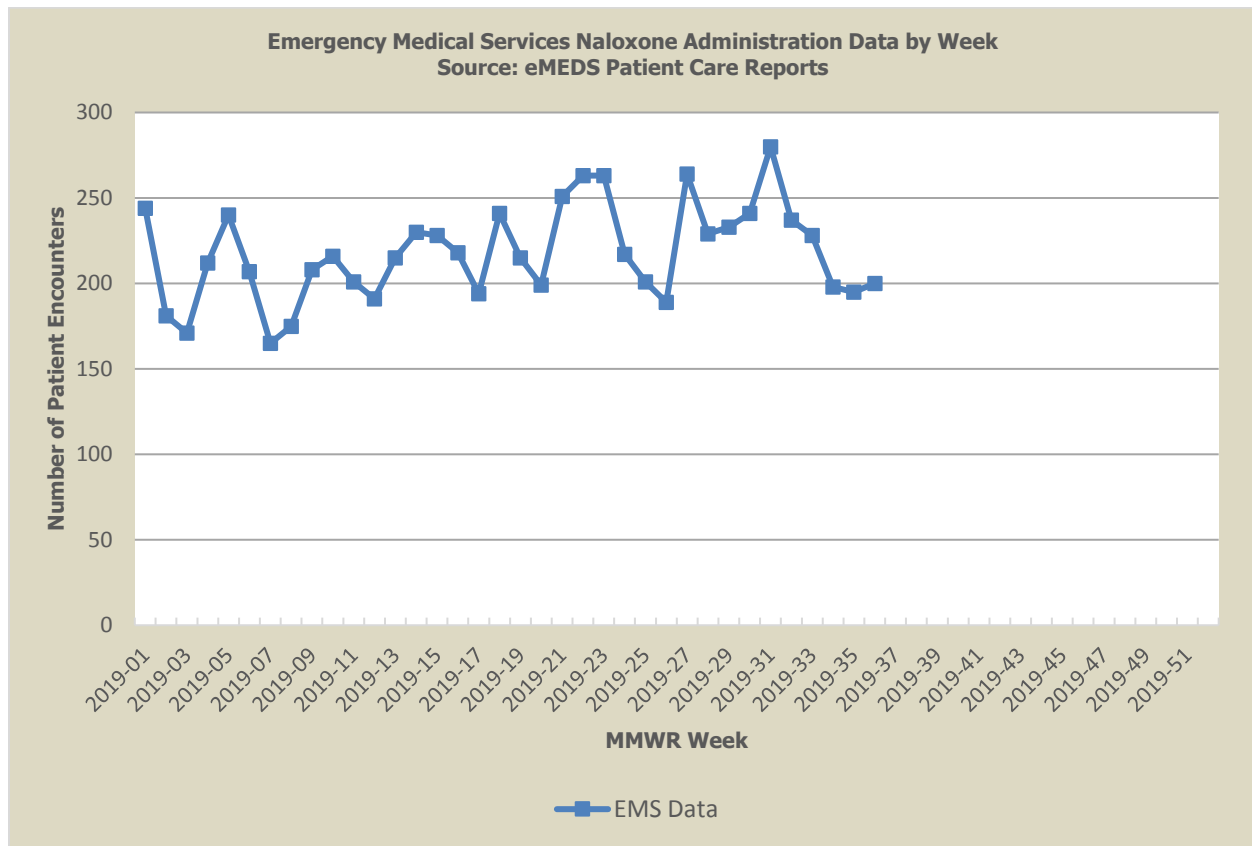
SYNDROMIC OVERDOSE SURVEILLANCE

The purpose of this section is to characterize non-fatal ED visit trends for acute unintentional overdose by Heroin, Opioid or Unspecified substance among Maryland residents captured by ESSENCE data, including chief complaint and discharge diagnosis. ED visits that are identified as unintentional overdose by Heroin, Opioid or Unspecified substance include those with medical and non-medical use of a prescription Opioid or where the substance is not specified, given evidence that most fatal overdoses are Opioid-related.

In preparation for the release of new ESSENCE queries for identifying heroin, opioid and all drug overdoses, please note that we have removed the data chart showing unintentional overdose rates by heroin, opioid, or unspecified substances. These new data, when available, will be presented below.

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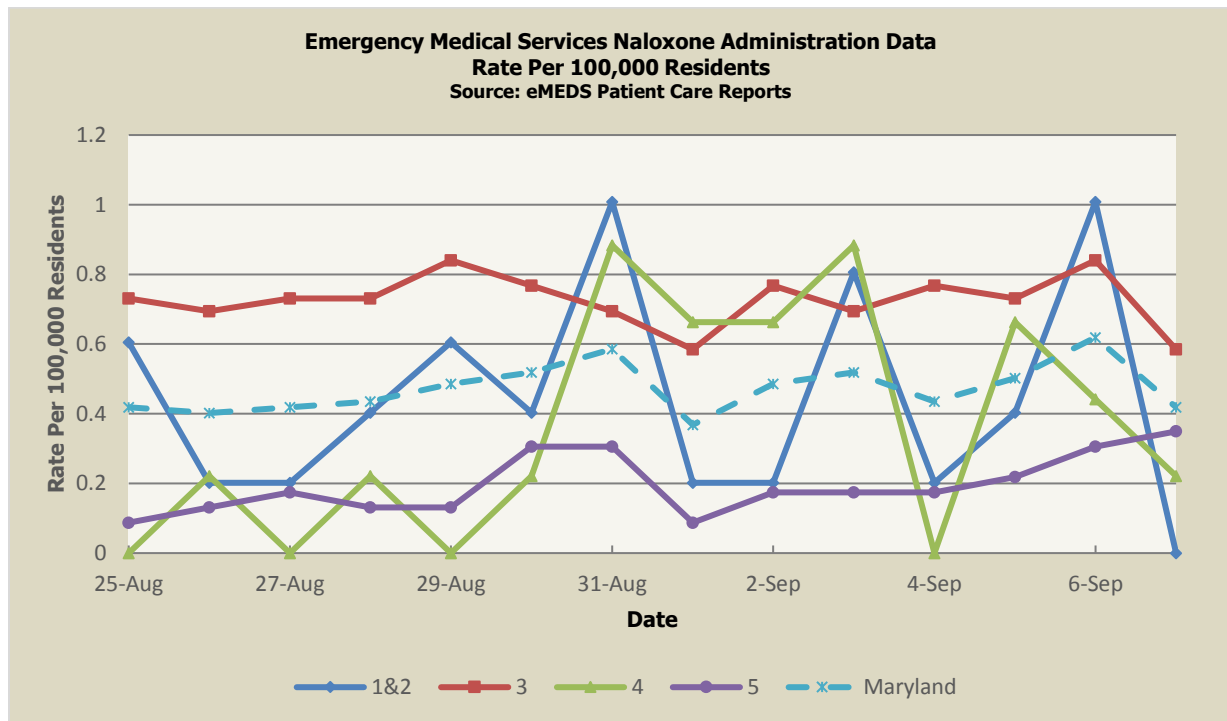
Naloxone Administration Data by Week



Disclaimer on eMEDS naloxone administration related data: These data are based on EMS Pre-hospital care reports where the EMS provider has documented that they administered naloxone. The administration of naloxone is based on the patient's signs and symptoms and not on any diagnostic tests. These data are reported for trending purposes only.

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Naloxone Administration Data



Disclaimer on eMEDS Naloxone administration related data: These data are based on EMS Pre-hospital care reports where the EMS provider has documented that they administered naloxone. The administration of naloxone is based on the patient's signs and symptoms and not on any diagnostic tests. These data are reported for trending purposes only.

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PANDEMIC INFLUENZA UPDATE / AVIAN INFLUENZA-RELATED REPORTS

WHO update: The current WHO phase of pandemic alert for avian influenza is ALERT. Currently, the avian influenza H5N1 virus continues to circulate in poultry in some countries, especially in Asia and northeast Africa. This virus continues to cause sporadic human infections with some instances of limited human-to-human transmission among very close contacts. There has been no sustained human-to-human or community-level transmission identified thus far.

Influenza A (H7N9) is one of a subgroup of influenza viruses that normally circulate among birds. Until recently, this virus had not been seen in people. However, human infections have now been detected. Presently, there is limited information about the scope of the disease the virus causes and about the source of exposure. The disease is of concern because most patients have been severely ill. There is no indication thus far that it can be transmitted between people, but both animal-to-human and human-to-human routes of transmission are being actively investigated.

Alert phase: This is the phase when influenza caused by a new subtype has been identified in humans. Increased vigilance and careful risk assessment, at local, national, and global levels are characteristic of this phase. If the risk assessments indicate that the new virus is not developing into a pandemic strain, a de-escalation of activities towards those in the interpandemic phase may occur. As of September 12th, 2019, the WHO-confirmed global total (2003-2019) of human cases of H5N1 avian influenza virus infection stands at 861, of which 455 have been fatal. Thus, the case fatality rate for human H5N1 is approximately 53%.

AVIAN INFLUENZA

There were no relevant human avian influenza reports this week

HUMAN AVIAN INFLUENZA

There were no relevant human avian influenza reports this week

NATIONAL DISEASE REPORTS

MERCURY POISONING (CALIFORNIA), 12 Sept 2019, Health officials in Northern California issued a warning on Tuesday [10 Sep 2019] after a tainted skin cream imported from Mexico left a Sacramento woman in a semi-comatose state. Read More: <http://www.promedmail.org/post/6671715>

SCOMBROID FISH POISONING (MULTIPLE STATES), 12 Sept 2019, The US Food and Drug Administration (FDA) [reports] 16 people [have been] poisoned by yellowfin tuna steaks, [forcing] Kroger [grocery stores] to recall the tainted product. The scombroid poisoning stemmed from yellowfin tuna steaks sold in Kroger stores, the FDA said in an alert. Read More: <http://www.promedmail.org/post/6669710>

EASTERN EQUINE ENCEPHALITIS (RHODE ISLAND), 10 Sept 2019, Officials confirmed 2 more human cases of eastern equine encephalitis [EEE] Friday [6 Sep 2019], including a 5-year-old Sudbury girl and a Northborough woman in her 60s, and one state scientist said she expects more cases in coming weeks. Read More:

<https://www.promedmail.org/post/6667626>

SALMONELLOSIS, SEROTYPE I 4,[5],12:I (MULTISTATE), 9 Sept 2019, The Centers for Disease Control and Prevention (CDC), public health and regulatory officials in several states, and the US Food and Drug Administration (FDA) are investigating a multistate outbreak of multidrug-resistant _Salmonella_ infections linked to contact with pig ear dog treats.

Salmonella strains included are Cerro, Derby, London, Infantis, Newport, Rissen, and I 4,[5],12:i:-. Read More: <https://www.promedmail.org/post/6663432>

HANTAVIRUS (NEW MEXICO), 8 Sept 2019, Hantavirus [infection] has claimed the life of a teenager in northwestern New Mexico. The state Department of Health said [Fri 6 Aug 2019] the death of a 15-year-old McKinley County boy is the 3rd case of hantavirus in New Mexico this year [2019] and the 2nd death. Read More: <https://www.promedmail.org/post/6662928>

VAPING-RELATED ILLNESS (MULTISTATE), 7 Sept 2019, There's something dangerous going on in the lungs of hundreds of vapers, and their vape juice might be to blame. At least 215 cases of serious vaping-related lung issues have been reported to the CDC this summer [2019] alone across 25 US states. Read More: <https://www.promedmail.org/post/6661874>

E COLI EHEC (PHILADELPHIA), 5 Sept 2019, The Philadelphia Department of Public Health announced an outbreak of _E. coli_ infections that have sickened 14 people so far. In a statement released [Thu 5 Sep 2019], city health officials said their ongoing investigation "has identified a few shared restaurant exposures." They have not named specific restaurants. Read More: <https://www.promedmail.org/post/6659371>

INTERNATIONAL DISEASE REPORTS

MELIOIDOSIS (VIETNAM), 12 Sept 2019, The Hanoi-based Bach Mai Hospital yesterday [Tue 10 Sep 2019] warned of a high possibility of death from rare Whitmore's disease [melioidosis], as the disease re-occurred and killed 4 people in August [2019]. Read More: <https://www.promedmail.org/post/6670538>

LISTERIOSIS (SPAIN), 12 Sept 2019, An outbreak of the deadly [infection due to the bacterium] _Listeria_ has been confirmed in Mallorca. So far 3 people have died, and 7 women have aborted babies out of the 200 people confirmed to have been affected. Read More: <https://www.promedmail.org/post/6670537>

STREPTOCOCCUS GROUP A (UNITED KINGDOM), 12 Sept 2019, A new strain of group A streptococcus [also called GAS or _Streptococcus pyogenes_], which is able to produce significantly more toxin, is spreading in England and Wales, scientists say. Read More: <https://www.promedmail.org/post/6670435>

E. COLI EHEC (NORWAY), 9 Sept 2019, Norwegian authorities are investigating an outbreak of _E. coli_ where 4 people have developed hemolytic uremic syndrome. Read More: <https://www.promedmail.org/post/6665443>

CHOLERA, DIARRHEA AND DYSENTERY (YEMEN), 9 Sept 2019, The Ministry of Public Health and Population of Yemen reported 16 308 suspected cases and 14 associated deaths during epidemiological week 32 (5-11 Aug) of 2019. 12 percent of cases were severe. Read More: <https://www.promedmail.org/post/6665442>

UNDIAGNOSED ILLNESS (COTE D'IVOIRE), 8 Sept 2019, An enigmatic disease is raging in the department of Dianra in northwestern Cote d'Ivoire in the Bere region, especially in Yeretiele, where there have been 30 deaths since July 2019. Read More: <https://www.promedmail.org/post/6663538>

WEST NILE VIRUS (GREECE), 8 Sept 2019, Infections with West Nile virus have climbed to 40 in the region of central Macedonia in northern Greece, according to local authorities. Read More: <https://www.promedmail.org/post/6663054>

JAPANESE ENCEPHALITIS (PHILIPPINES), 8 Sept 2019, A 14-year-old girl from Pangasinan province in the northern Philippines died of the mosquito-borne disease, Japanese encephalitis (JE). It is the 1st such fatality in the province. Read More: <https://www.promedmail.org/post/6662929>

LEPTOSPIROSIS (PHILIPPINES), 6 Sept 2019, Amid flooding incidents due to recent heavy rains, the Department of Health (DOH)-Davao has recorded 44 suspected leptospirosis cases with 4 deaths in Davao Region from January to [2 Sep 2019]. Read More: <https://www.promedmail.org/post/6660852>

OTHER RESOURCES AND ARTICLES OF INTEREST

More information concerning Public Health and Emergency Preparedness can be found at the Office of Preparedness and Response website: <http://preparedness.health.maryland.gov/> or follow us on Facebook at www.facebook.com/MarylandOPR.

More data and information on influenza can be found on the MDH website:
<http://phpa.health.maryland.gov/influenza/fluwatch/Pages/Home.aspx>

Please participate in the Maryland Resident Influenza Tracking System (MRITS):
<http://flusurvey.health.maryland.gov>

NOTE: This weekly review is a compilation of data from various surveillance systems, interpreted with a focus on a potential BT event. It is not meant to be inclusive of all epidemiology data available, nor is it meant to imply that every activity reported is a definitive BT event. International reports of outbreaks due to organisms on the CDC Critical Biological Agent list will also be reported. While not "secure", please handle this information in a professional manner. Please feel free to distribute within your organization, as you feel appropriate, to other professional staff involved in emergency preparedness and infection control.

For questions about the content of this review or if you have received this and do not wish to receive these weekly notices, please e-mail us. If you have information that is pertinent to this notification process, please send it to us to be included in the routine report.

Prepared By:

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Appendix 1: ESSENCE Syndrome Definitions and Associated Category A Conditions

Syndrome	ESSENCE Definition	Category A Conditions
Botulism-like	(Botulism or (DifficultyFocusing and DifficultySpeaking) or (DifficultySpeaking and DifficultySwallowing) or (DifficultySwallowing and DifficultyFocusing) or DoubleVision or FacialParalysis or GuillainBarre or Ptosis) and not GeneralExclusions	Botulism
Fever	(Chills or (FeverPlus and (Drowsiness or Seizure)) or FeverOnly or SepsisGroup or ViralSyndrome) and not GeneralExclusions	N/A
Gastrointestinal	(AbdominalCramps or AbdominalPainGroup or Diarrhea or FoodPoisoning or Gastroenteritis or GIBleeding or Peritonitis or Vomiting) and not (GeneralExclusions or Gynecological or Obstetric or Reproductive or UrinaryTract)	Anthrax (gastrointestinal)
Hemorrhagic Illness	(FeverOrChills and (AcuteBloodAbnormalitiesGroup or BleedingFromMouth or BleedingGums or GIBleeding or Hematemesis or Hemoptysis or Nosebleed or Petechiae or Purpura)) and not GeneralExclusions	Viral Hemorrhagic Fever
Localized Lesion	(Boils or Bump or Carbuncle or DepressedUlcer or Eschar or Furuncle or InsectBite or SkinAbscess or (SkinSores and not AllOverBody) or SkinUlcer or SpiderBite) and not (GeneralExclusions or Decubitus or Diabetes or StasisUlcer)	Anthrax (cutaneous) Tularemia
Lymphadenitis	(BloodPoisoning or Bubo or CatScratchDisease or SwollenGlands) and not GeneralExclusions	Plague (bubonic)
Neurological	(([Age<75] and AlteredMentalStatus) or (FeverPlus and (Confusion or Drowsiness or Petechiae or StiffNeck)) or Delirium or Encephalitis or Meningitis or UnconsciousGroup) and not GeneralExclusions	N/A
Rash	(ChickenPox or Measles or RashGeneral or Roseola or (Rubella and not Pregnancy) or Shingles or (SkinSores and AllOverBody) or Smallpox) and not GeneralExclusions	Smallpox
Respiratory	(Anthrax or Bronchitis or (ChestPain and [Age<50]) or Cough or Croup or DifficultyBreathing or Hemothorax or Hypoxia or Influenza or Legionnaires or LowerRespiratoryInfection or Pleurisy or Pneumonia or RespiratoryDistress or RespiratoryFailure or RespiratorySyncytialVirus or RibPain or ShortnessOfBreath or Wheezing) and not (GeneralExclusions or Cardiac or (ChestPain and Musculoskeletal) or Hyperventilation or Pneumothorax)	Anthrax (inhalational) Tularemia Plague (pneumonic)
Severe Illness or Death	CardiacArrest or CodeGroup or DeathGroup or (Hypotension and FeverPlus) or RespiratoryArrest or SepsisGroup or Shock	N/A

Appendix 2: Maryland Health and Medical Region Definitions

Health and Medical Region	Counties Reporting to ESSENCE
Regions 1 & 2	Allegany County Frederick County Garrett County Washington County
Region 3	Anne Arundel County Baltimore City Baltimore County Carroll County Harford County Howard County
Region 4	Caroline County Cecil County Dorchester County Kent County Queen Anne's County Somerset County Talbot County Wicomico County Worcester County
Region 5	Calvert County Charles County Montgomery County Prince George's County St. Mary's County

